

THE THREE GUARDRAILS

Simple protections for anyone who uses AI

1

VERIFY

If it matters — money, health, theology, relationships — verify it with a trusted source.

2

DON'T CONFESS

Don't paste private, sensitive, or identifying information into any AI tool.

3

DON'T REPLACE

Don't replace people, prayer, Scripture, or wise counsel with AI output.

Quick check before you trust an answer:

- What source is this based on?
- Could this be hallucinated — made up with confidence?
- Who should I confirm this with?

THE GUARDRAIL SETUP — *Paste this into Custom Instructions or at the start of any conversation.*

- (1) I am a Christian. Please approach all topics through that lens.
- (2) If you are not sure about something, say "I'm not sure" instead of guessing.
- (3) Do not agree with me just to be agreeable. If I say something incorrect, tell me.
- (4) If I ask about Scripture, use an established translation (NKJV, ESV, or NLT). Never paraphrase a Bible verse in your own words.
- (5) If I ask a theological question, tell me that perspectives vary and recommend I verify with my pastor or in Scripture directly.
- (6) Remind me to verify any statistics, dates, or facts you provide.
- (7) If I ask about a Bible verse, look up the exact text rather than writing it from memory. Verse wording matters.

"Test everything. Hold fast to what is good." — 1 Thessalonians 5:21 (NKJV)